## Think Oils!

Young Living Essential Oils may provide comfort & relief from everyday stress and emergencies. The Essential 7 Kit and Valor are home first-aid at it's best.

ACCIDENTS: PanAway, Peace & Calming ANXIETY: Valor, Lavender, Peace & Calming BRUISES: PanAway, Lavender BURN RELIEF: Lavender CIGARETTE SMOKE: Purification CONCENTRATION: Peppermint, Lemon CUTS: Purification, Lavender, PanAway **DEPRESSED MOOD:** Joy DIGESTIVE DISTURBANCES: Peppermint FEAR: Valor, Peace & Calming, Lavender FEVER: Peppermint FUNGUS: Purification, Lavender GROUNDING: Valor HEADACHES: Lavender, Peppermint, PanAway IMMUNE SYSTEM SUPPORT: Lemon **INFECTION:** Lemon INFLAMMATION: Lavender, Peppermint, PanAway **INSECT REPELLENT:** Purification, Lemon INSECT BITES AND STINGS: Purification, Lavender MENTAL CLARITY: Peppermint, Lemon MILDEW: Purification NAUSEA: Peppermint PAIN: PanAway, Lavender, Peppermint, Valor **RESPIRATORY SUPPORT:** Peppermint ROMANCE: Joy SCARRING: Lavender SKIN CONCERNS: Lavender SLEEP DISTURBANCES: Lavender, Peace & Calming SORE THROAT: Lemon SPORTS INJURIES: PanAway, Lavender, Valor SUNBURN RELIEF: Lavender STRESS & TENSION: Lavender, Peace & Calming, Valor WATER FLAVORING: Lemon, Peppermint

For more information visit oils4healing.younglivingworld.com or contact Michelle at michelle@healandrelax.com